

Aloe Vera Capsule – Instructions for Use

(See packaging for complete instructions)

Dosage: 6 capsules Daily for the first 2 weeks
 4 capsules Daily thereafter

Take 6 capsules daily with 8 ounces of liquid for the first two weeks
Reduce to 4 capsules daily with 8 ounces of liquid for each week thereafter.

Can be taken with or without food.
Can be taken in the morning or evening
Can be taken with other medications or supplement.

Aloe Vera Capsules have been shown in clinical trials to effectively reduce urinary frequency, burning, and pain that are a part of many bladder disorders, but especially interstitial cystitis/painful bladder syndrome (IC/PBS)

It is theorized that the aloe plant helps IC patients in several ways. When processed correctly, the powder maintains its high levels of the glycosaminoglycans (GAG). The first lining of the bladder destroyed by IC is a GAG layer. It is possible that aloe vera is working much like Elmiron, but with no side effects from a man-made drug. The aloe plant is also a natural anti-inflammatory, antibiotic, analgesic, and anti-microbial agent but only when used in its super-strength form.

Aloe Vera Capsule – Instructions for Use

(See packaging for complete instructions)

Dosage: 6 capsules Daily for the first 2 weeks
 4 capsules Daily thereafter

Take 6 capsules daily with 8 ounces of liquid for the first two weeks
Reduce to 4 capsules daily with 8 ounces of liquid for each week thereafter.

Can be taken with or without food.
Can be taken in the morning or evening
Can be taken with other medications or supplement.

Aloe Vera Capsules have been shown in clinical trials to effectively reduce urinary frequency, burning, and pain that are a part of many bladder disorders, but especially interstitial cystitis/painful bladder syndrome (IC/PBS)

It is theorized that the aloe plant helps IC patients in several ways. When processed correctly, the powder maintains its high levels of the glycosaminoglycans (GAG). The first lining of the bladder destroyed by IC is a GAG layer. It is possible that aloe vera is working much like Elmiron, but with no side effects from a man-made drug. The aloe plant is also a natural anti-inflammatory, antibiotic, analgesic, and anti-microbial agent but only when used in its super-strength form.